

Direct your sign up response to :

debw.NSA.2017@gmail.com

Please be aware sign ups will be filled as per arrival dates and small waiting lists will be kept for possible cancellations. ALL Sign ups WILL be confirmed.

Sign Up for Walks OR Talks:

Please Indicate:

First Preference: # _____

Second Preference # _____

Name _____

Temple _____

Email Contact Info.

Cell Phone:

I will be staying at

Look for **NSA Photo Frames** and Props so you can create your own special visit memories!



For more information on some of the walks:

<https://en.wikipedia.org/wiki/Ottawa>

<https://www.ottawatourism.ca/ottawa-insider/rideau-canal-a-unesco-world-heritage-site/> <http://solotripsandtips.com/ottawa-locks-unesco-world-heritage-site/>

<https://www.ottawatourism.ca/member/byward-market/>

<http://www.downtownrideau.com/directory/>

<https://www.ottawatourism.ca/ottawa-insider/changing-of-the-guard/>

<https://www.ottawatourism.ca/member/glebe/>

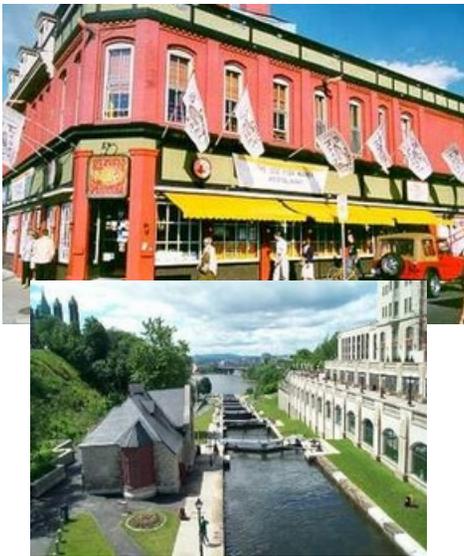
[:http://www.historymuseum.ca/](http://www.historymuseum.ca/)

<http://www.gallery.ca/en/>



LADIES PROGRAM

August 19 & 20, 2017
Information Brochure



Hosted Walks: These walks will begin at the designated hotel and return to the same. Some have no cost and participants provide OR purchase own snacks/water. Walks with costs are indicated.

1. Guided Walk around downtown Ottawa.
2. Guided Walk specifically to the UNESCO Heritage hand cranked Rideau Lock system.
3. Guided Walk specifically to Byward Market.
4. Guided Walk specifically to Rideau Centre. Indoor shopping mall.
5. Guided Walk to specifically see the changing of the guard at the Parliament Buildings.
6. Gourmet Walk in Glebe District. With our Gourmet Chef Andree.

WALKS WITH COSTS: (cdn \$'s)

7. Walk to Canadian Museum of History. (Be aware this involves a longer walk over a bridge to Gatineau to the Museum.) (45 min Overview Tour \$3. per person if group of 20.)
8. Walk to National Art Gallery (Entry \$10. each for each adult participant if 10+ in group)

Ladies Events

These events are being offered specifically with the ladies in mind. However, they are also completely optional.

Friday August 19th: 8:30/9:00 to Lunch

Hosted walks and talks. To sign up for these events note descriptions in this brochure and sign up process.

Friday August 19th: 2:00—3:30

WIVES ORIENTATION MEETINGS:

Hosted conversations:

- A) Ladies new to Shrine-> Other than placing his Fez, what does this mean to me?"
- B) For ladies wondering about role as a Divan Shrine wife->"My partner /husband is on the Divan. What does this mean to me?"

("No sign ups required for these sessions.)

Saturday August 20th—Ladies Brunch 9:00 a.m.)

National Arts Centre : Dress Protocol: Casual Nice-Brunch + Author/Speaker Lt.Col Michael Goodspeed : "How Different It Was" What would our lives have been like during the Victorian years?

* (ORDER TICKETS WITH REGISTRATION)

After brunch we can step outside and watch the parade!



NAC is a scent free building.

Hosted Talks:

These events are especially designed for ladies who may prefer to stay on site at the hotel rather than participate in walks. If you are going to share a recipe or a book synopsis or a craft idea try to bring 15 copies of your 1 page summary to share.

11. Sharing "heritage" recipes
12. Make an easy craft, bring an easy craft idea!
13. Bead crafting with Sandra and her girls.
14. Book Club : Sharing of great read ideas.

"I go to Shrine events with 3 key goals always. 1. Have Fun! 2. Make new friends, meet new people. 3. Learn something new."

Lady Deb Wood Tunis Shrine

CONTACT US:

Tunis Shrine Ladies Program

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